

#### Overview

- Introductions/Housekeeping
  - Introductions/Update
  - Forum, personal goals
- 2020 Schedule
  - Tue, April 14, 2020—Group Update
    - What just happened?
    - What now?
      - Stop the bleeding
      - Get ahead of the changes
      - Look for opportunity
  - Next meetings, 2020
    - Tuesday, May 12, 2020
    - Tuesday, June 9, 2020

# Stop the bleeding

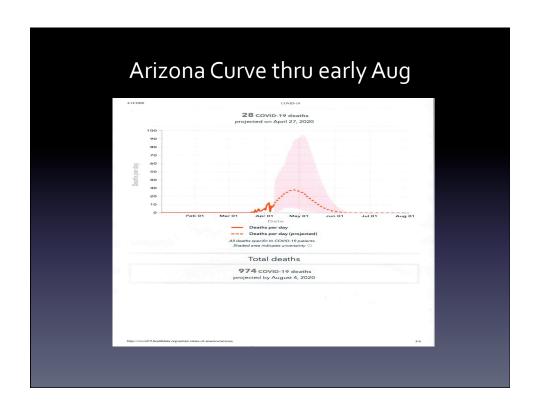
- Need a plan and timeline
  - Share vs spare
  - Get stronger
  - Modify as needed
- Communicate
  - Continually
  - Technology
- Generate cash
  - Reduce costs
  - 3<sup>rd</sup> parties

# Anticipate the change

- Markets after C-V till vaccine, anti-body validation
  - Masks in crowds
  - Testing
  - Distancing
- Service model changes
  - Technology
  - Travel
  - Home delivery
- Team composition
  - Skills
  - Size

# New opportunities abound

- New service models
  - Homes rediscovered
    - Workplace
    - School
    - Healthcare
  - Technology
    - Zoom
    - Diagnostics
  - MD organization
    - Waiting rooms
    - Telehealth
- Acquisitions
  - Care delivery
  - Technology
  - Team skills



### CEO Forum New Year's Resolutions

### 1) Professional goals

- Business plan
- Professional development
- Hobbies and interests

#### 2) Family

- Travel
- Celebrations

#### 3) Health and Fitness

- Stress reduction
- Conditioning
- Sport

## Forum Approach

- Goals
  - Become a stronger leader...with others you respect
  - Learn new leadership skills, tools...validate existing ones
  - Reinforce commitment to work/life balance
- Meetings
  - Presentation/Discussion format
  - MITs
  - Occasional speakers
  - Handouts, books, homework
  - Blueberry muffins

# Invitees

- Mark Hansen
- Debbie Shumway
- Lance Donkerbrook
- Seth Bacon
- Shane Armstrong
- Ken Levin
- Adam Sabbath
- Luke Lee
- Brent Cope
- Walt Cooper
- Steve Little